

LTUSD COVID-19 Guidance for Employees, Students and Families Effective January 18, 2022

California Department of Public Health (CDPH) released new guidance for K-12 schools in California on January 12, 2022. This guidance includes new tracing guidelines, a revised quarantining protocol, and a provision for being exposed and fully vaccinated. With that, it is crucial that any staff member or student who is experiencing any symptoms stay at home. As a district, our main focus has been and will continue to be to have our doors open when it is possible to do so and serve our students. Serving and educating our students, connecting them to the services and information they need, and helping them continue their studies through this current surge in the Omicron variant is essential to the short and long term success of our students. We can achieve this together by staying home when symptomatic, masking, and following the guidance from CDPH.

CDPH published a revision to the tracing protocol. The Group-Tracing Approach “allows for a quicker and broader response to cases identified in school settings” with the goal of keeping classrooms open and in-school transmission low. This guidance may be found using the following link: [Group-Tracing Approach](#)

The latest guidance release may be found using the following link: [CDPH Guidance 1/12/2022](#)

Fully Vaccinated people are only those who are 2 weeks post second shot (Moderna or Pfizer) or 2 weeks post first shot (Johnson & Johnson) AND have a Booster if eligible (5 months from last vaccination).

If you are booster eligible and have NOT received your booster, you are considered Unvaccinated/Not fully vaccinated.

Persons who TEST POSITIVE (+) for COVID-19 (applies to all individuals regardless of vaccination status)

- **Stay home for at least 5 days.**
- Persons may return to school if
 - At least 24 hours have passed since resolution of fever without the use of fever-reducing medications AND
 - Other symptoms have improved AND
 - At least one of the following:
 - a negative test for SARS-CoV-2 after at least 5 days OR
 - At least 10 days have passed since symptom onset.
 - If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10.
 - Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (N-95 or surgical masks recommended)

Persons who are EXPOSED to someone with COVID-19 (Group-Tracing Approach)

- Notifications will be provided to all individuals considered exposed, including those who are vaccinated and/or recently infected including students in the same classes, sports team, and/or other extracurricular cohorts.

- Exposed staff and students participating in testing may continue to attend school, including sports and extracurricular activities UNLESS THEY DEVELOP SYMPTOMS OR TESTS POSITIVE FOR COVID-19.
- Regardless of vaccination status, exposed staff and students should get tested for COVID-19 3-5 days after exposure.
- If the test is negative, the person shares the test results with the school nurse and continues going to school.
- If an exposed person develops symptoms or tests positive for COVID-19
 - Stay home and isolate for at least 5 days or until symptoms resolve.
 - Once symptoms are resolved and after at least 5 days of isolation, the person will test for COVID-19.
 - If the test is negative, the person shares the test results with the school nurse and returns to school.
 - If the test is positive, the person continues to isolate until:
 - the person has a negative test result or
 - 10 days from the onset of symptoms have passed.

NON-COVID-19 Illness

Persons with illness not related to COVID-19 may return to school/work when:

- Symptoms of illness are no longer present, or significantly resolved AND Fever free for 24 hours
- COVID-19 test is negative OR Alternative Diagnosis provided by Primary Care Physician
- There has been NO known exposure to anyone with COVID-19

Please contact a LTUSD Nurse to get answers to questions about timelines, expectations for quarantine / isolation, and procedures for returning to school for all illnesses. If applicable, in accordance with CDPH guidelines, proof of a negative test must be submitted to your school site's Health Office (email documentation or photo of test).

COVID TESTING for staff and students (only) is being provided by CDPH at Al Tahoe School in the Elevated Portable - P1 for staff or students who have been exposed to a positive Covid case or are symptomatic. Individuals are required to register only once for all testing for the duration that it is available during this school year. Note that a consent form will be required for minors and is part of the registration.

Here are the registration links for Lake Tahoe Unified - Al Tahoe:

[Staff URL](#) [Student URL](#)

| Tuesday | Wednesday | Thursday | Friday |
|-----------------------------|-----------------------------|-----------------------------|-----------------------------|
| Al Tahoe 7:30am - 2:00pm | Al Tahoe 7:30am - 2:00pm | Al Tahoe 9:30am - 2:00pm | Al Tahoe 7:30am - 2:00pm |

(note: tests must be delivered to FEDEX by 3:00 p.m. in order to obtain valid results; testing must be complete by 2:00)
Proof of negative tests may be sent to the Health Office at your school site:

Bijou Community School/Al Tahoe Early Learning

Melanie Tavasieff mtavasieff@ltusd.org

Sierra House Elementary

Ryan Cates rcates@ltusd.org

Lake Tahoe Environmental Science Magnet School & Elevated Campus

Lindsay Smith lsmith@ltusd.org

Tahoe Valley Elementary

Karla Peterson kapeterson@ltusd.org

South Tahoe Middle School

Connie Alcamo calcamo@ltusd.org

South Tahoe High School/Mt. Tallac

Fred Buttrick fbuttrick@ltusd.org

Thank you,
LTUSD Health Services