

## **LTUSD COVID-19 Guidance for Employees, Students and Families** **Effective January 3, 2022**

LTUSD is experiencing a surge in COVID-19 cases consistent with the community, state, and country. The Omicron Variant of COVID-19 is extremely contagious, causing infection in people regardless of vaccination status. Although fully vaccinated people are less likely to experience severe symptoms themselves, they are still contagious and likely to spread the virus to others when positive. It is very important that staff and students do not come to school with symptoms of illness. Please see the following updated guidance LTUSD is following regarding COVID-19 illness and exposure as well as Non-COVID-19 illness:

The California Department of Public Health issued new guidance pertaining to expectations and timelines for isolation and quarantine due to infection or exposure to COVID-19. This guidance may be found using the following link: [Guidance on Isolation and Quarantine for COVID-19 Contact Tracing](#)

**Fully Vaccinated people are only those who are 2 weeks post second shot (Moderna or Pfizer) or 2 weeks post first shot (Johnson & Johnson) AND have a Booster if eligible (5 months from last vaccination).**

**If you are booster eligible and have NOT received your booster, you are considered Unvaccinated/Not fully vaccinated.**

The the following changes are in effect:

### **Persons who TEST POSITIVE (+) for COVID-19 (applies to all individuals regardless of vaccination status)**

- **Stay home** for at least 5 days.
- Isolation can end after day 5 if symptoms are not present or are resolving **and** a diagnostic specimen (Antigen test preferred) collected on day 5 or later tests negative.
- If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10.
- If fever is present, isolation should be continued until fever resolves
- If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until after day 10.
- Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (N-95 or surgical masks recommended)

### **Persons who are EXPOSED to someone with COVID-19**

#### **Unvaccinated/Vaccinated-NO Booster**

- **Stay home** for at least 5 days, after your last contact with a person who has COVID-19.
- Test on day 5.
- Quarantine can end after day 5 if symptoms are not present and a diagnostic specimen collected on day 5 or later tests negative.
- If unable to test or choosing not to test, and symptoms are not present, quarantine can end after day 10.
- Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings
- If testing positive, continue isolation for a total of 10 days.
- If symptoms develop, test and stay home.

**Fully Vaccinated - Boosted/ Vaccinated, but not yet booster eligible (less than 5 months from last shot)**

- Continue to go to school/work
- Test on day 5.
- Wear a well-fitting mask around others for 10 days, especially in indoor settings
- If testing positive, stay home for 5 days (test on day 5, if negative - return to school; if positive continue to isolate for a total of 10 days)
- If symptoms develop, test and stay home.

**NON-COVID-19 Illness**

Persons with illness not related to COVID-19 may return to school/work when:

- Symptoms of illness are no longer present, or significantly resolved AND Fever free for 24 hours
- COVID-19 test is negative OR Alternative Diagnosis provided by Primary Care Physician
- There has been NO known exposure to anyone with COVID-19

A District Nurse will contact you to review contact tracing, timelines and expectations for quarantine / isolation, and procedures for returning to school for all Illnesses, Exposures, and Confirmed Positive COVID-19 cases.

If applicable, in accordance with CDPH guidelines, proof of a negative test must be submitted to your school site's Health Office (email documentation or photo of test).

**COVID TESTING for staff and students (only)** is being provided by CDPH at AI Tahoe school in the Elevated Portable - P1 for staff or students who have been exposed to a positive Covid case or are symptomatic. Individuals are required to register only once for all testing for the duration that it is available during this school year. Note that a consent form will be required for minors and is part of the registration.

**Here are the registration links for Lake Tahoe Unified - AI Tahoe:**

[Staff URL](#)     [Student URL](#)

<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
AI Tahoe 7:30am - 2:30pm	AI Tahoe 7:30am - 2:30pm	AI Tahoe 9:30am - 2:30pm	AI Tahoe 7:30am - 2:30pm

*(note: tests must be delivered to FEDEX by 3:00 p.m. in order to obtain valid results; testing must be complete by 2:30)*

Proof of negative tests may be sent to the Health Office at your school site:

**Bijou Community School/AI Tahoe Early Learning**

Melanie Tavasieff [mtavasieff@ltusd.org](mailto:mtavasieff@ltusd.org)

**Sierra House Elementary**

Ryan Cates [rcates@ltusd.org](mailto:rcates@ltusd.org)

**Lake Tahoe Environmental Science Magnet School & Elevated Campus**

Lindsay Smith [lsmith@ltusd.org](mailto:lsmith@ltusd.org)

**Tahoe Valley Elementary**

Karla Peterson [kapeterson@ltusd.org](mailto:kapeterson@ltusd.org)

**South Tahoe Middle School**

Connie Alcamo [calcamo@ltusd.org](mailto:calcamo@ltusd.org)

**South Tahoe High School/Mt. Tallac**

Fred Buttrick [fbuttrick@ltusd.org](mailto:fbuttrick@ltusd.org)

Thank you,  
LTUSD Health Services