

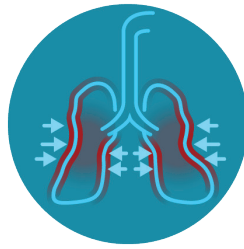
WHAT TO DO IF YOUR CHILD HAS SYMPTOMS



- **FEVER**
- **CHILLS**
- **RUNNY NOSE**



- **MUSCLE PAIN**
- **HEADACHE**
- **DIARRHEA**
- **STOMACH PAIN**



- Shortness of **BREATH**
- New loss of **TASTE OR SMELL**



- **COUGH**
- **SORE THROAT**
- **VOMITING**
- **CONGESTION/RUNNY NOSE**



- Been in **CONTACT** with someone with COVID-19

What should you do if you suspect your child may have COVID-19

If your child has experienced the symptoms listed above in the last 14 days, or has been in contact with anyone who has tested positive for COVID-19 in the last 14 days, or have questions, contact your child's medical provider.

If your child needs to be tested for COVID-19

Your child's medical provider may refer you for testing and medical care. COVID-19 testing is available throughout the county. Visit <https://www.edcgov.us/Government/hhsa/Pages/EDCCOVID-19-Get-A-Test.aspx> for updated community testing locations. Schedule a visit with your pediatrician afterwards to discuss if your child can return to daycare or school based on the results.

If your child is experiencing symptoms

You and your child should restrict activities outside your home, except for getting medical care and/or getting tested. Do not send your child to daycare, school, or to public areas. To prevent the spread of illness:

- Cover coughs and sneezes.
- Clean hands often.
- Avoid sharing personal household items.
- Clean all "high-touch" surfaces daily.

If your child tests positive for COVID-19

Your child should remain at home for 10 days from the onset of their symptoms AND be fever-free for a minimum of 24 hours prior to returning to daycare or school.

If your child tests negative or receives a non-COVID-19 diagnosis

Please keep your child out of daycare or school until he/she has no symptoms and is fever-free for a minimum of 24 hours.

Resources:

bartonhealth.org
cdph.ca.gov
cdc.gov

Barton Health 09012020



in Partnership with

