

AUGUST/SEPTEMBER 2010 *LTES MAGNET SCHOOL MENU*** BREAKFAST \$1.25 ~ LUNCH \$2.25**

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
MENU SUBJECT TO CHANGE	30 Whole Grain Bean & Cheese Burrito Spanish Rice Applesauce "V"	31 "The Max" Cheese Pizza Sticks Steamed Corn Mixed Fruit "V"	1 Chicken Tenders Oven Fries Blueberry Cup Bread Stick	2 Sub Sandwich Carrot and Celery Sticks Fruit Choices	3 Deep Dish Round Pizza ~ Cheese "V" or Pepperoni Garden Salad Seasonal Fruit
Milk may be purchased for .50 ~~~~~ Bottled water is available for .50	6 LABOR DAY HOLIDAY ALL SCHOOLS ARE CLOSED	7 Fish Sticks with Tartar Sauce Potato Wedges Chilled Fruit Cup with Whipped Topping Wheat Roll	8 3x5 Pizza ~ Cheese "V" or Pepperoni Garden Salad Fruit Choices	9 KITCHEN'S CHOICE INCLUDES A SPECIAL COOKIE BACK TO SCHOOL NIGHT ~~MINIMUM DAY~~	10 Nachos with Cheese Sauce Refried Beans Pears
~~FYI~~ THE NEW CHOCOLATE MILK FROM CRYSTAL DAIRY DOES NOT CONTAIN HIGH FRUCTOSE CORN SYRUP!	13 Diced Chicken with Biscuit and Gravy Brown Rice Green Beans Mixed Fruit	14 Beef Patty on a Bun with Garnish Tater Tots Cherry Cup	15 Chef's Salad Seasonal Fruit Grain Bread Item	16 Shrimp Poppers with Dipping Sauce Steamed Veggies Fruit Choices	17 Turkey Frank on a Bun Potato Smiles Whole Fruit Juice Bar
MILK IS INCLUDED AS PART OF YOUR BREAKFAST OR LUNCH EVERY DAY. CHOICE OF 1/2 PINT OF FRESH FLUID LOW FAT OR NON-FAT CHOCOLATE	20 Macaroni & Cheese Steamed Broccoli Sunflower Seeds Peaches "V"	21 Whole Grain Chicken Chunks Waffle Fries Apricots	22 Spaghetti with Meat Sauce Tossed Salad Fruit Choices Bread Stick	23 Chicken Patty on a Bun Pasta Salad Seasonal Fruit	24 French Bread Pizza ~ Cheese "V" or Pepperoni Garden Salad Applesauce
Menus are online at www.ltusd.org	27 Cheese "V" or Chicken Quesadilla Mixed Vegetables Pears	28 Chicken Fajitas with Cheese, Lettuce & Salsa Spanish Rice Fruit Choices	29 Homemade Chili with Ground Beef and Beans Tossed Salad Corn Muffin	30 COOK'S CHOICE INCLUDES A SPECIAL TREAT	"V" indicates a vegetarian entrée
Breakfast: Fruit or fruit juice and milk available daily. Dry cereal available as a daily alternate entrée.	Bagel with Jelly or Cream Cheese	Gingerbread	Breakfast Pizza	Cook's Choice or Yogurt and Graham Crackers	Cinnamon Roll