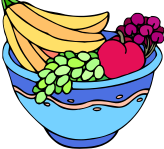




COMMENTS? SUGGESTIONS? CONTACT YOUR CAFÉ STAFF	<u>MONDAY</u> **	<u>TUESDAY</u> **	<u>WEDNESDAY</u> **	<u>THURSDAY</u> **	<u>FRIDAY</u> **
	<p><i>FRUIT IS OFFERED EVERY DAY WITH ALL MEALS</i></p> 		<p>1 Whole Grain Twisted Edge Pizza Choices Garden Salad</p>	<p>2 Sub Sandwich or Wrap Fresh Veggie Choices Ranch Dressing or Hummus Tostitos Scoops</p> <p><i>Minimum Day at STHS Spring Term Welcome</i></p>	<p>3 Taco Salad with Lettuce, Cheese, and Salsa in a Tostada Bowl Spanish Rice Strawberry Cup</p>
<p>Menus are online at www.ltusd.org</p>	<p>6 Hot Ham & Cheese on a Wheat Roll Carrot & Celery Sticks</p>	<p>7 Mini Cheeseburger Twins Garnish Garlic Fries Cherry Cup</p>	<p>8 Pulled Pork Sandwich on a Wheat Bun Garden Salad</p>	<p>9 Sub Sandwich or Wrap Fresh Veggie Choices Ranch Dressing or Hummus Tostitos Scoops</p>	<p>10 Whole Grain French Bread Cheese "V" or Pepperoni Pizza Garden Salad</p>
	<p>13 Burrito Choices: Bean & Cheese "V" or Combo Beef Steamed Veggies</p>	<p>14 Turkey Frank on a Bun Sweet Potato Wedges Valentine's Day Frozen Treat</p>	<p>15 Buffalo Chicken Tenders with Ranch Dressing Coleslaw</p>	<p>16 Sub Sandwich or Wrap Fresh Veggie Choices Ranch Dressing or Hummus Tostitos Scoops</p>	<p>17 Fish Tacos Corn Tortillas Shredded Lettuce and Cabbage Black Beans</p>
<p><i>Milk may be purchased for .50</i> ~~~~~ <i>Bottled water is available for .50</i></p>	<p>20 Presidents' Holiday Break All Schools are Closed February 20 - 24</p>	<p>21</p>		<p>23</p>	
<p>"V" indicates a vegetarian entrée choice</p>	<p>27 Whole Grain Deep Dish Cheese "V" or Pepperoni Pizza Garden Salad</p>	<p>28 Beef Patty on a Wheat Bun Garnish Pasta Salad</p>	<p>29 Chicken Fajitas Whole Wheat Tortillas Lettuce, Cheese, and Salsa Spanish Rice</p>		<p><i>MILK IS OFFERED EVERY DAY WITH ALL MEALS:</i></p> <p><i>CHOICE OF 1/2PINT OF FRESH FLUID LOW FAT OR NON-FAT WHITE OR NON-FAT CHOCOLATE</i></p>
<p>Breakfast: Choose 1 entrée item. Dry Cereal, Fruit or fruit juice and milk available daily.</p>	<p>Breakfast Bar -or- Cook's Choice</p>	<p>Breakfast Pizza -or- Yogurt with Graham Crackers</p>	<p>Breakfast Bread -or- Cook's Choice</p>	<p>Breakfast Pizza -or- Yogurt with Graham Crackers</p>	<p>Breakfast Bread -or- Bagel with Cream Cheese or Jelly</p>

****THERE IS ALWAYS AN ALTERNATE CHOICE OF AN ENTRÉE SALAD PLEASE ASK THE CAFETERIA STAFF**