

Influenza-like Illness Symptom Screening Tool For Parents and Caregivers

Parents and caregivers should use the following questionnaire to assess the health status of their child on a daily basis.

Does your child have:

- | | | |
|-----------------------------------|------------------------------|-----------------------------|
| • Fever (100°F or greater), Cough | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| • Runny or stuffy nose | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| • Sore throat | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| • Body aches | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| • Headache, chills, fatigue | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| • Diarrhea, vomiting | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Should I keep my child home?

- If you checked "yes" to **Fever and Cough** keep your child home. Students may **not** return to school until they have had no fever for 24 hours without use of fever-reducing medicine, **even if they feel better**. If you have questions about your child's health or symptoms, call your child's healthcare provider.
- If your child has been diagnosed by a healthcare provider with a different disease, such as strep, follow your healthcare provider's recommendation and school policy for when to return to school.
Keep your child home if they have vomited or have diarrhea and for at least 24 hours after they **no longer** have vomited or had diarrhea.

What should I tell my child's school?

- If you checked "yes" for fever and one of the other symptoms, tell your child's attendance office that your child is home with influenza-like illness. If your child has been diagnosed by a healthcare provider with a different disease, such as strep, tell your child's attendance office.

For your convenience here are the phone numbers from the schools:

Bijou Elementary School	543-2337
Lake Tahoe Environmental Science School	543-2371
Sierra House Elementary School	543-2327
Tahoe Valley Elementary School	543-2350
South Tahoe Middle School	541-6404
South Tahoe High School	541-4111

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1021 Al Tahoe Boulevard
South Lake Tahoe, CA 96150

Phone: 530.541.2850

Fax: 530.541.5930

E-mail: info@ltusd.org

www.ltusd.org