No Cost Community Training Series...
Everyone Welcome!

Identifying & Managing Childhood Eating Disorders

JOIN US WEDNESDAY,
March 18, 2020
4:00pm - 6:00pm

Eating disorders, both under and overeating can be complex in nature and challenging to both identify and help treat.

What are eating disorders such as anorexia & bulimia?
What contributes to childhood obesity?
How to individualize the social, mental, diet & exercise approaches along with support will be covered.

Guest Speakers:
Becky Espinel, MS RDN & Lynn Norton, MS, RD/RDN
Barton Hospital Dietitian Nutritionists

LOCATION:
Lake Tahoe Community College, One College Drive
Room B-103

RSVP (but walk-ins welcome) to:
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