# South Lake Tahoe Community Services Summary

## **Food Assistance**

#### Christmas Cheer All Year

1120 3rd Street, 530-542-4934

Food pantry providing monthly stable food, daily perishable food, government commodities, and brown bag's for low income families. Referral required.

#### <u>Cal Fresh</u> (formerly <u>Food Stamp Program</u>)

Health & Human Services Agency (HHSA) 3368 Lake Tahoe Blvd. Suite 100 530-573-3200

Income maintenance is the largest program within HHSA, which administers CalFresh, Medi-Cal, and county medical services.

#### Family Resource Center

*3501 B Spruce Ave., 530-542-0740*Bread Distribution is Mon-Fri, 9:00am - 4:00pm.
Commodity Food distribution is every 2nd Friday.

#### St. Theresa's Catholic Church

1041 Lyons Avenue, 530-544-3533 Hot Meals: Monday 4-5:30 pm Food Pantry: Friday 3:15-4:30

### Household

#### <u>Low Income Home Energy Assistance Program-</u> LIHEAP

1-866-675-6623

Utility Payment Asst/Energy Services Weatherization A federally funded direct payment program to assist eligible households in offsetting the cost of heating and for cooling their homes.

#### CARE- California Alternate Rates for Energy Program

<u>Southwest Ga</u>s: 1-877-860-6020 <u>Liberty Energy</u>: 1-866-675-6627

Provides 20% discount on your gas bill and electric bill every month for income qualified customers. The application may be completed online.

#### **Energy Savings Assistance Program**

Formerly known as LIFE program
1-866-812-5766

Offers energy saving home improvements at no cost.

#### **Housing Choice Voucher Program**

#### **Tahoe Community Church**

145 Daggett Lane (Kingsbury Grade) Stateline, NV Food Pantry. Fridays, 2:30-4:30 p.m.

#### Presbyterian Church

*2733 Lake Tahoe Blvd., 530-544-3757*Bread and Broth on Fridays 4:00-5:00 p.m.

#### First Baptist Church of South Lake Tahoe

*1053 Wildwood Ave, 530-544-2743* Food Pantry: Wednesday 12:00-1:30

#### **Boys and Girls Club**

1100 Lyons Ave, (530) 542-0838 Monday-Friday at 5pm Free meal children 18 years or under and 19-year olds that are still full-time students

#### Tahoe Youth and Family Services

1021 Fremont Ave, (530) 541-2445 Tuesday-Thursday 1-5pm Free food for youth up to the age of 24

#### (Formally known as Section 8 housing)

SLT Community Service Division Department of Human Services, 3368 Lake Tahoe Blvd.

530-573-3490

This program enables eligible persons to rent privately owned, existing, safe, and sanitary housing by making housing assistance payments to a private landlord.

#### Temporary Assistance for Needy Families (TANF)

Department of Human Services, Suite 202, 530-573-

Applicants must be pregnant or have minor children in the home. Amount of aid depends on household size and countable income resources.

#### **Housing Hotline**

530-542-7417

You can call this hotline to get information, locate resources, request assistance, or file a complaint. Free service.

## Security

#### Tahoe Youth and Family Services' Drop-In Center

1021 Fremont Ave., 530-541-2445 Ext. 112 Tuesday-Thursday 1:00-5:00 pm Offering supportive services (food, clothing, showers, laundry, hygiene supplies, socks) to youth up to the age of 24

## Job/Career Development

#### **ADVANCE Adult Education**

(530) 541-4660 ext. 189

ADVANCE is a collaborative network of local organizations, government offices, and employers working together to support adults in meeting career, education, and other personal goals. These goals can include; improving current employment, completion of a high school credential, entering college or career training, and even connecting job seekers with high-demand, local industry needs.

### ESL classes- Lake Tahoe Community College

530-541-4660

FREE non-credit beginning-advanced level English classes that are available in the mornings and evenings. The Family Resource Center has an all bilingual staff that can help community members sign up for and take these courses.

#### **Connections & Employment Resource Center**

3368 Lake Tahoe Blvd. Suite 100 530-573-4330

Onestop serves as South Lake Tahoe's resource for both job seekers and employers. Specifically, it acts as a unique portal for collaboration and two-way

## Wellness

Barton Memorial Hospital

2170 South Avenue, 530-544-3420

#### **Barton Community Clinic**

*2201 South Avenue, 530-543-5623*Monday - Saturday: 8:00 a.m. - 5:00 p.m.

The Barton Community Health Center (formerly the Barton Community Clinic) provides comprehensive healthcare services to the community. Most forms of insurance are accepted for various preventative and curative visits; please check with your insurance to

#### Live Violence Free

2941 Lake Tahoe Blvd., 530-544-2118/ Crisis line (530) 544-4444, Fax: 530-542-7624
Offers crisis intervention, individual and group counseling to victims of domestic violence, sexual assault, and child abuse. Emergency Domestic Violence Shelter for up to 90 days.

exchange of information between the public sector and private businesses within the county.

#### El Dorado County's Youth Services Program

3368 Lake Tahoe Blvd. Suite 1.530-573-4335

Contact: Casey O'Niel

Under the Workforce Investment Act (WIA), the program can assist youth in preparing for additional education, vocational training, and/or employment. To qualify for the Youth Services Program, you must be between the ages of 17 and 21 and have an obstacle to employment such as: Pregnant or parenting, a high school dropout, involved with court systems, homeless or runaway, current foster youth, have low math or reading skills, lack significant work experience.

#### California Conservation Corps.

1949 Apache Ave. 530-577-0850

The CCC is for young men and women ages 18-25, applicants must be California residents and not on probation or parole. In the CCC, you work outdoors, earn a paycheck, advance your education, learn basic job skills and make progress toward a career.

validate your network. For those who do not have healthcare coverage, we will work with you to find an applicable program that may offset charges. Free vaccinations are available for children and adults who qualify. Please call to schedule an appointment; same day Family Practice appointments are available.

#### Public Health Department

1360 Johnson Blvd., Suite 103,

530-573-3155

Monday-Friday 8-5pm, Closed 12-1pm Immunizations are offered for children who are uninsured or on Medi-Cal by appointment at our Public Health Clinics or at our Community Walk-in Clinics.

# <u>MediCal Program/County Medical Services Program</u> (CMSP)

Department of Human Services 3368 Lake Tahoe Blvd. Suite 202 530-573-3200

Providing assistance in meeting health care expenses for eligible persons. Provides medical assistance to resident who do not meet Medi-Cal eligibility criteria.

#### Family Resource Center

3501 B Spruce Ave. 530-542-0740

The family Resource Center offers services to Lowincome and Latino families such as Health Department, Mental Health, and Parenting Classes.

#### **Mental Health Services**

1900 Lake Tahoe Blvd 530-573-7970

#### **Tahoe Turning Point**

2494 Lake Tahoe Blvd. South Lake Tahoe, CA 96150 530-541-4594

Tahoe Turning Point has been serving the children and families of California and Nevada since 1980 through residential group homes, independent living programs, outpatient services and parenting skills programs.

#### **Tahoe Youth and Family Services**

1021 Fremont Ave 530-541-2445

Tahoe Youth and Family Services provides a 24-hour crisis line; gateway services; crisis intervention services; assessment; coordinated case management; individual, group and family counseling; outpatient drug and alcohol counseling; mentoring program, emergency temporary shelter via Host Homes and safe alternative placements; and after-care services.

#### **Community Hubs**

Community Hubs offer classes, groups, and activities for expectant parents and families with children ages 0-18, staffed by a team of family engagement, literacy and health specialists. *Mission*: Healthy and strong communities throughout El Dorado County. *Vision*: Build resiliency with families through collaborative, community-based prevention and early intervention services.

- For health questions call: Community Hub 5 Health Team Line: (530) 621-4533
- For finding resources in the community, playgroups, parenting information and developmental screenings for children under 5 years of age call: Community Hub 5 Family Engagement Specialist: (530) 295-2337
- For literacy questions call: Community Hub 5
   Literacy Specialist: (530) 573-3307